



## PROGRAM AGENDA

- 8:00 – 8:45 Registration  
8:45 – 9:00 Introductory Remarks  
9:00 – 12:00 Anxiety Disorders: Dr. John Walkup  
12:00 – 1:00 Banquet Lunch  
1:00 – 4:00 Anxiety Disorders: Dr. Golda Ginsburg

*Two fifteen minute breaks will occur at 10:30 a.m. and 2:30 p.m.*

## WORKSHOP DESCRIPTION

Childhood anxiety disorders are common conditions affecting upwards of 10-12% of children. Despite the high prevalence, children with anxiety are often not assessed appropriately nor are they treated with existing evidence based treatments. In this presentation we will review the phenomenology, assessment strategies, epidemiology, and evidence based treatments – SSRIs and cognitive behavioral treatment. The presenters will review findings from the large-scale NIMH-funded Child-Adolescent Anxiety Multimodal Study (CAMS). New evidence is showing that anxiety in children is more common than most parents think. The study, sponsored by the National Institute of Mental Health (NIMH) and coordinated by The Johns Hopkins University School of Medicine, evaluated the effectiveness of psychotherapy and investigational medication for the treatment of anxiety in children and adolescents.

## ABOUT THE SPEAKERS

**John T. Walkup, M.D.** is an Associate Professor of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, The Johns Hopkins Medical Institutions in Baltimore, Maryland. He currently serves as the Deputy Director of the Division of Child and Adolescent Psychiatry and Medical Director of the National Institute of Mental Health funded Research Unit of Pediatric Psychopharmacology. Dr. Walkup is the author of a number of articles and book chapters on psychopharmacology, Tourette's syndrome, obsessive compulsive disorder and other anxiety disorders.

**Golda Ginsburg, Ph.D.** is an Associate Professor of Psychiatry and Director of Research in the Division of Child and Adolescent Psychiatry at The Johns Hopkins University School of Medicine. Dr. Ginsburg is an expert in the assessment, prevention, and treatment of childhood anxiety disorders and has published numerous articles and book chapters on this and related topics in child psychiatry. Dr. Ginsburg's research has been funded by grants from the National Institutes of Health and the Obsessive Compulsive Foundation. She is one of the key investigators on several large-scale clinical trials investigating the efficacy of cognitive behavioral therapy for the most common childhood disorders, including anxiety, depression, and Tourette's syndrome.



## DIRECTIONS

**Martin's West** is located at Exit 17 off the Baltimore Beltway (I-695). Martin's West is easy to see from the Baltimore Beltway next to the Holiday Inn just off of Security Boulevard. Take Exit 17 and travel west outside the Beltway toward Rolling Road. At the first traffic light, turn right at Belmont Ave (Exxon Station) and follow Belmont ½ mile. Martin's West will be on the left, facing the Beltway.

**From Virginia/D.C.:** Take I-95 North to I-695 Beltway, Exit 49B (West - Towson) and travel to Exit 17 Security Blvd West to Belmont and turn right.

**From Pennsylvania:** Take I-83 South to the I-695 Beltway and travel West to Exit 17 Security Blvd to Belmont and turn right.

**From Frederick, MD:** Take I-70 East to the very end and do a U-turn to get to Security Blvd. Travel under the I-695 Beltway to Belmont Ave (Exxon) and turn right.

## INFORMATION

Certificates for 5.5 hours of Continuing Education Credit for certified school psychologists and licensed psychologists will be awarded upon completion of the full day conference. MSPA is authorized by the National Association of School Psychologists and the Maryland Board of Examiners of Psychologists as a sponsor of Continuing Education. MSPA maintains responsibility for the program. Meeting rooms are wheelchair accessible and **signing for the deaf can be arranged** (just note this requirement on your registration form). Registration must be **postmarked by October 8, 2008**. Registration is limited and accepted on a first come, first served basis. If you wish to pay by credit card, register online at MSPAonline.org. A **\$25.00 additional fee is assessed for late registrants**, to be paid with your registration form. There is a **\$25.00 late fee** for all on-site registrations. MSPA cannot guarantee space for late registrants. Cost for the full day workshop includes a banquet style luncheon. Dietary exceptions must be submitted no later than October 8, 2008. Full refunds are available by **written request**, but must be postmarked, e-mailed, or faxed by October 8, 2008. **If you want confirmation of your registration, please include a stamped, self-addressed post-card.** Checks are cashed as they are received and your attendance certificate acts as your receipt (monetary receipts are available at the conference upon request). For questions regarding registration please contact Dave Holdefer (dholdefer@verizon.net) or Laura Shriver (leshriv@k12.carr.org).

Mail registration form to: MSPA Fall Registration, 3 Tigerwood Court, Baltimore, Maryland 21234

---

## REGISTRATION FORM

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY / STATE / ZIP: \_\_\_\_\_

HOME PHONE: (\_\_\_\_) \_\_\_\_\_ WORK PHONE: (\_\_\_\_) \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_

Check if: *Licensed psychologist* requesting Continuing Education Credit

**Conference Fee: (Checks Payable to MSPA)**

MSPA / MPA Member in Good Standing..... \$110.00  (Add a \$25.00 late fee if postmarked after October 8th 2008)

Nonmember Fee ..... \$160.00

Full-time MSPA Student Members/Interns ..... \$55.00

Full-time Student Nonmembers/Interns..... \$65.00

(Full-time students *not* employed as a psychometrist or psychologist)

**Special Dietary Needs:**

Diabetic Lunch Requested

Vegetarian Lunch Requested

Kosher Meal Requested

\*If you wish to pay by credit card, register online at MSPAonline.org

*MSPA reserves the right to substitute speakers in the event of an unforeseen emergency.*

PLEASE POST

TO:

Non-Profit Org.  
U.S. Postage  
PAID  
Permit No. 7751  
GAITHERSBURG, MD

ADDRESS SERVICE REQUESTED

MSPA  
3 Tigerwood Court  
Baltimore, MD 21234

# MSPA

*DEDICATED TO THE NEEDS OF  
MARYLAND'S CHILDREN SINCE 1960*



*Maryland School Psychologists' Association*

***Dr. John T. Walkup***  
***Dr. Golda S. Ginsburg***

**Division of Child and Adolescent Psychiatry**  
**The Johns Hopkins University School of Medicine**

“Anxiety Disorders in Children and Adolescents:  
Assessment Strategies and Evidence Based Treatments”

**MSPA FALL CONFERENCE 2008**

**Friday, October 17, 2008**

(MSTA Conference Day)

Appropriate for:  
School and Clinical Psychologists,  
Counselors, and Social Workers  
Classroom and Special Education Teachers

**Martin's West**  
**Baltimore County, Maryland**